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Farmhand Flax Cookies

what you'll need...

- 1 1/3 cups butter
- 1 1/4 cups granulated sugar
- 1 1/2 cups lightly packed brown sugar
- 2 1/3 cups flax seed
- 3 large eggs
- 1 1/2 tsp vanilla
- 3 1/2 cups all-purpose flour
- 1 tbs baking soda
- 3 cups oatmeal

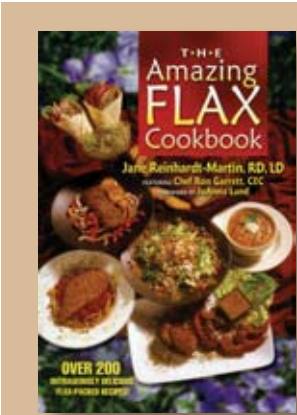
A recipe just for you...from goldenflax.com!

Yield: 108 cookies (2 inch)

1. In a bowl, cream butter and sugars; add flax seed.
2. In another bowl, beat eggs and vanilla together. Combine with flax mixture.
3. Sift together with flour and soda. Mix in oatmeal and combine with other ingredients.
4. Form dough into 1 1/2 inch round logs. Place in freezer and chill.
5. Preheat oven to 350F.
6. Slice into 1/4 inch medallions.
7. Place on baking sheet leaving about 2 inches between cookies.
8. Bake 13-15 minutes.
9. Remove from sheet and cool.

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The Amazing Flax Cookbook
by Jane Reinhardt-Martin, RD, LD

- Over 200 flax recipes including breakfast foods, soups, casseroles, Mexican dishes, comfort foods, Italian dishes, smoothies, main dishes, salads, desserts and more!
- Plus, practical tips on how to cook and bake successfully with flax.

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